

# SeaLight

Volume 12, Issue 8

August 2010

News and Information for the Unitarian Universalist Fellowship of Laguna Beach

429 Cypress Drive, Laguna Beach, CA 92651 (949) 497-4568

[www.uulagunabeach.org](http://www.uulagunabeach.org)

Sunday Morning Services Begin at 10:30 am

## From Your President

Summer in Laguna Beach! Doesn't get any better. I have been traveling around, both business and pleasure and part of the time I was in New York City. It was hot and muggy and crowded... You gotta love Laguna, Diane and I sure do!

Even though I have been gone, I was apprised of the "record" attendance on Sunday July 18. Good for us and good for the message we UU's are delivering to the world. We stand for all of the right things!

During my absence, I want you all to know that we have been working on a music project that will showcase the musical talents of Carole Cole as well as other members of our choir. I am very excited about this project. It will be a good marketing piece for our fabulous Fellowship and hopefully a good fundraiser as well.

Miss you all. Hope to see everyone on the first Sunday in August... *Jeff Morris*



## Full Color SeaLight Electronically!

If you are ready to receive the SeaLight and any photographs inside in full color via email, just contact our Office Administrator, Jane, at [office@lagunabeach.org](mailto:office@lagunabeach.org) and she will put you on the Green List. We can email you a sample and then you decide. Please let Jane know what you would like to do. Thank you!

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## Upcoming Events

### First Friday UU Discussion Group in the Village of Laguna Woods

When: August 6 at noon.

Topic: This month's discussion topic: "Look into your crystal ball. Describe your life (optimistically) in the year of "2015".

Where: Nancy Burkholder's home, 107(H) Via Estrada, Laguna Woods

How: Paseo de Valencia (opposite Saddleback hospital) into Via Estrada at Gate 2, two blocks to 107, just past cul de sac 22. Please bring your opinions and your lunch. Nancy will provide liquid refreshments and a light dessert. For gate admission or directions call 949 457-8189. Everyone is invited to join in the conversation. Looking forward to seeing you there!



### Coffee Talk - Tuesdays 4:30-6:30p.m. at the Koffee Klatch, 1440 South Coast

Highway in Laguna Beach. Hang out with Rev. Kent Doss or whoever else shows to get a bite to eat and chat. All are welcome. This is a great chance for new folks to meet UUFLB members in a casual setting.



### Coffee Talk Book Discussions

#### August 24 – American Transcendentalism: A History by Philip F. Gura

Possibly the best single volume on the Transcendentalists. Though he analyzes the essays and lectures of Emerson, Fuller and the Alcotts, Gura (a professor of literature at the University of North Carolina, Chapel Hill) also introduces lesser-known figures who were influenced by their thought. These fellow travelers help

explain how the influence of Transcendentalism eventually spread beyond a handful of Boston intellectuals. Gura situates Transcendentalism against the backdrop of American Protestantism, showing how the movement emerged in part from early-19th-century debates about how to read the Bible.



### Open Auction Items 2010

#2 Judy's Martini Party 8/14/10 \$40, 1 Available

#15 Lindy's Improv 9/11/10 \$15, 90 available, so come on over!

#22 Bill Foster's Beach Party 9/19/10 \$25, 1 available

#12 Tennis Anyone with Judy and Laura TBA \$30, 1 available

#45 Brunch at Laguna Woods with John Crouch Sunday in October, TBA \$30, 2

#23 BananaRama Dinner with Kent and Peter 10/02/10 \$40, 1 available

#46 Port and Report with Linda and Oakley 10/08/10 \$40, 1 available

#3 Tenor Concert with Steve Fischman 11/06/10 \$15, 106 available

# 20 Tree Trimming at the Hullahens' 12/04/10 \$15, 12 available

#41 Christmas Caroling with Kymberly and Shiela TBD \$10 Come and Sing!



### Open Auction Items 2011

#52 Night of Celtic Music with Steve Bloch 1/22/11 \$16, 6 available

#31 Family Game and Music Night With Kathy 3/25/11 \$10, 22 available

#50 A Lamb Cake, Innocent (white icing) or Not (chocolate icing) \$25, 3 available

### Undated Items

#26 Nick the Handyman TBA \$35, 1 available

#21 Steve's Voice Lessons TBA \$70, Steve says if you buy them, he'll teach you!

#33 Rosenthal China Dessert Service \$200 or best offer

Fund-A-Need: A New Fellowship Sign, \$500, in whole or in part



## Sunday Services



*The UUFLB Choir meets every Sunday at 9:30am and all are welcome.*

### **August 1 The Journey of the Soul**

Where do we come from? Where are we going? Why are we here? Many people agree that life is a journey though our source and destination are quite another story. We will look at how the notion of the "Journey of the Soul" is echoed within religious and secular thought as well as how "The Hymn of the Pearl" might offer a clue to priceless treasure. *Guest Minister, Angela Henderson*

### **August 8 Prospects and Challenges for Prison Reform in California**

UCI Professor Mona Lynch will look at California's current prison crisis, including the dynamics of severe overcrowding, insufficient rehabilitative opportunities, substandard medical care, and brutal, violent conditions behind bars. Join us as we look how we got to this state of crises, as well as potential avenues and challenges we may face on the road to reform. *Guest Speaker, Professor Mona Lynch-University of California, Irvine*

This service will be followed by a Sandwich Lunch  
and Discussion with Professor Lynch.  
Donations will go to projects supported by the Social Action Committee.



### **August 15 Our Creative Members**

Join us for a special service showcasing our talented members. The service will include music, singing, and poetry. *Jean Raun, Service Leader*

### **August 22 Gathering the Spirit**

Can Unitarian Universalists have a definition of "Spirit" that fits our diverse theologies? We'll look at some definitions on how we can come together as a unified body, exploring what spirit means in our *lives*.

*Guest Minister, Jonipher Kwong*

### **August 29 Setting the Welcome Table**

In every major religious tradition hospitality is named as a pillar of religious life. Whether it is breaking bread with one another, or making sure that everyone has bread to eat, we will explore how our faith calls us to offer hospitality to our world.

*Reverend Kent Doss*

## Message from Our Minister

As you may be aware, for the past year we have focused on different themes each month in our worship services at UUFLB. This is called Theme-Based Ministry. Each month offers a different theological or philosophical concept to explore in depth. These themes do not restrict our exploration; they give a more solid framework for deepening our faith. Themes offer our community a shared set of language and stories, and a systematic map for developing our own theologies and beliefs.



With a theme-based approach, people are able to develop resources throughout their lives, and not just at times when they are in the midst of crisis. They carry these resources with them and are able to draw on them during the ups and downs of life.

Along with the worship committee, I approached theme-based ministry as an experiment this past year and found it to be a great success. Preaching on the same general topic allows for a much more in depth exploration of any theme. But more importantly, I have heard reflected in conversations with our members, a deeper grasping of what we share together in worship.

Based on that success, starting in September 2010, UUFLB will expand its use of Theme-Based ministry to other UUFLB activities. The Children's Religious Education program will follow the theme of each month, as will the book discussion. The goal is to foster a multigenerational learning community where adults and children explore related topics, so that the conversation continues long after Sunday morning.

September's theme is **Vision**. As we discover our vocation we must develop a vision of how to use our unique gifts. October's theme is **Creation**. One unique human quality is the capacity to imagine, create, and bring new things into being. In November we explore **Democracy**. Democracy is born of the revolutionary idea that individuals can govern themselves and can choose to put the common good above their own self-interest. Then, in December, we will explore concepts of **God**. January's theme is **Evil**. We will explore the role of real and perceived evil in our lives. February's theme is **Religious Authority**. Is it possible that the final authority in religion is oneself? March will lead us to **Freedom**, a concept intrinsic to our faith as well as to our country. April will offer us **Redemption**. The possibility for redemption after we have made a mistake or caused harm is a great blessing. We will end in May with **Mercy**. Even at times when justice is beyond our reach, there is the possibility for mercy.

As you can see, the themes for the coming year promise to be a great exploration. I look forward to taking that journey with you as we deepen our faith and learn together.

Peace,  
*Kent*

## **The Meaning of Membership**

Every meaningful relationship strikes a balance between obligation and benefit. Every meaningful relationship is a give and take, and the same thing is true for a relationship with the Unitarian Universalist Fellowship of Laguna Beach.

Being a member of UUFLB means being a member of a religious tradition with a rich history and over 200,000 members in the United States and Canada. There are also small pockets of Unitarians in several other countries around the world. Headquartered in Boston, MA, the Unitarian Universalist Association of Congregations provides many services to member congregations and individuals, including church start-ups, ministerial placement, educational materials, financial advice and assistance, and more.

Membership also has particular advantages in our congregation. Members are given religious rites for free, including weddings, memorial services, dedication of children and other rites. Your membership also covers the cost of mailing this newsletter. But most importantly, members of this congregation are empowered to vote. As a religious tradition, we are deeply rooted in democratic process. Everything from our budget to the selection of a minister is conducted by a vote of the members. But for that process to be effective and meaningful, it is necessary to know just who is a member.

According to the Bylaws and spirit of this community, the members of this Fellowship join in a simple covenant. We make no creedal test of membership. "In the love of truth, we unite for the reverence of the highest values and the service of humanity."

Also, members are required to make an annual financial contribution of record through pledging. That requirement may be waived in light of financial hardship. However, to have such a waiver, you should have a short conversation with Jeff Morris, Tom McGrew, or Barbara Williams-Pemberton. This isn't a requirement to prove anything or share personal information. A simple statement that you cannot pledge at this time is adequate.

Of course there are other ways to help out. We encourage gifts of time, talent, and treasure. That is to say, our Fellowship is sustained through volunteer hours, sharing any special skills that you possess, and financial contributions.

In an effort to get more organized, the membership and finance committee will be reviewing our membership rolls in the coming month. If you have any questions about your membership status, please don't hesitate to contact our minister, Rev. Kent Doss, our Membership Committee coordinator Daga Krackowizer, or our Vice President of Finance, Tom McGrew.

## **Covenant Groups Now Forming**

Covenant Groups are a monthly meeting with a small group of people to discuss spirituality and core values and to get to know one another on a deeper level. Three new groups are being formed. If you are interested in joining a group, or just want more information please contact Jean Raun, Oakley Frost, or Glenna Matthews.



## Social Action News

Early in June the word was out that Border Patrol agents were targeting workers with Latin names and appearance, asking for papers, and arresting those without satisfactory documentation. Members of the Fellowship took the lead in informing others in the community, including various non-profit organizations, that there would be a protest at the bus station on Broadway in Laguna on the following Friday. The first protest was well attended and documented by various TV and News media. Nearly 40 people were in attendance at the first rally, with Unitarian Universalists attending in greater numbers than others.



These protests went on for the following weeks in June and until July 9. Finally, by the second week in July there were no further reports of raids, and the last protest was held on Tuesday, July 20. After the first weeks, members of the Unitarian Universalist Fellowship and the League of Women Voters made up the majority of those in attendance. A special thanks to Mark Dimond, who used his skill to make the signs we used—and kept improving on his earliest version. Our Fellowship is known throughout the community as a faith organization which carries out social justice beliefs with action.

One of our largest sandwich lunch gatherings was held on July 18, when our speaker, Professor Joie Jones spoke about the Politics of Global Warning. He inspired many of us to be involved in greater effort in our community to ensure our citizens are informed about the issue, and encouraged to urge governmental action to reduce the threat to our planet.

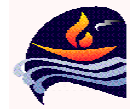
Our next Sandwich Lunch will be held on August 8, when our speaker will be Professor Mona Lynch (UCI) who will speak on Prison Reform. This is a timely topic, following an announcement that hundreds of prisoners will be getting early release because of the California budget crisis. It will also increase speculation about the pros and cons of the ballot issue we vote on in November which would, if passed, legalize possession and sale of marijuana in California. The majority of those prisoners being released are imprisoned because of sale and/or usage of drugs.

Leadership of the Social Action Committee has changed. We are fortunate to have as a new co-chair Rachel Daniels who will serve along with Helen Scholfield. Thank you to them for agreeing to serve in this capacity. They are great choices for leading this important element in our religious community.



**Volunteers Needed to Drive Homeless** to the new Resource Center location in Laguna Canyon. This will enable the homeless to utilize the expanded health care, medical, social service, showers, overnight sleeping facilities and other services that the Center now provides. The driving would require a road test in the vehicle and copy of DMV driving record. Drivers are needed for evenings between 4-7pm and mornings, 10-11am. If you or a friend might be able to help, please email Jane Fulton, Resource Center Executive Director, at [jfulton908@aol.com](mailto:jfulton908@aol.com) or contact Oakley Frost at the Fellowship for more information.

The Voyage-Religious Education Newspaper  
Wendi Bender, RE Coordinator



**UU based care giving and values exploration in the Family Room or adjacent Library for Infants through Pre-Kindergarten**

Our little Explorers will enjoy the stories of Dr. Seuss and apply the Seven Principles of Unitarian Universalism to their everyday lives. These stories are fun and engaging. But even more importantly, they are based on life situations and experiences and give us a way to reflect, to talk about things that are part of our lives.

**Innovators (grades K - 4th)  
Seekers (grades 5th - 6th)  
Youth (grades 7th and up)**



- 8/1 Social & Earth Justice/Habitat for Humanity
- 8/8 Intergenerational Service/Talent Show
- 8/15 Social & Earth Justice/Animal Welfare
- 8/22 Social & Earth Justice/Environmental Protection
- 8/29 Wishing Well Sunday/Social & Earth Justice

This summer we are focusing on Social Justice and spending our time learning about organizations created to aid and support the community.

Through learning about how others have changed the world we will help our UU children and youth to grow and mature into adults of compassion and understanding.

We will apply our UU Principles to making a difference in our community and remembering how our own daily choices can make the world a better place.

In July, our youth made chalices for sale as a fundraiser. This came about when in June our youth created homemade chalices. Some of the congregation saw them carrying what they created and requested they make more to sell to our members. The children and youth have decided to use the money they earn from this activity to donate to **Habitat for Humanity**. Please watch for the children to have their creations for sale in front of the Fellowship during the month of August. The cost of the chalices is \$10.00 each.

On August 8, the Fellowship is having a Talent Show. The children and youth are invited to stay up in the service and also participate! We have a lot of talent among our little ones ... and not so little ones! Please let Wendi Bender know if you would to share your talent on this day ([uufbrecoordinator@yahoo.com](mailto:uufbrecoordinator@yahoo.com)) and we will put you in the program ... come and join the fun!

Please remember, the last Sunday of the month is our children's Wishing Well Service downstairs. We collect donations for the those less fortunate and focus on Social & Earth Justice.

See you on Sunday! *Wendi*

## Your Connection With the Wider UU World

Barbara Williams-Pemberton, Denominational Representative



### What Does That Acronym Mean?

#### **GLBPTQQI (Gay, Lesbian, Bisexual, Transgender, Queer, Questioning, Intersex):**

Refers to individuals who identify as gay, lesbian, bisexual, pansexual, transgender, queer, questioning, and intersex. Often grouped under the identity of “Queer” – meaning people whose sexual orientation or gender identity doesn’t conform to hetero-normative (heterosexual – male/female) norms.

### August Schedule at de Benneville Pines

- 1 - 7 PSWD UU Family Camp For info: <http://www.uucamp.org> or 909-794-1252
- 8 – 14 Camp Bravo Theater Arts Camp for Teens, Week III  
For info: <http://campbravo.org> or 888-442-7286
- 15 – 21 Camp Bravo, Week IV
- 22 – 27 PSWIRL Summer Camp for Grownups, Theme Speaker,  
Reverend Stefanie Etzbach-Dale  
PHOTO CAMP for Grownup For info: <http://pswirl.org>  
ART Camp for Grownups For info: <http://www.uucamp.org> or 909-794-1252
- 27 – 29 Neighborhood UU Congregational Retreat For info: 626-798-1375
- 31 – 9/3 PSWD Small Group Ministry Retreat For info: [hzmre@hzmre.com](mailto:hzmre@hzmre.com) or 805-485-1780



### Yesterdays Create Tomorrows...

On August 6, 1965, President Lyndon Johnson signed the Voting Rights Law. Many UU ministers had participated in the historic march from Selma to Montgomery, Alabama. The pressure from the public and the press that the March generated helped pave the way for this change, and we were there. We are in Arizona with the immigrants now, and standing on the side of the road right here in Laguna to support immigrants’ rights.

In 1531, on August 10, Michael Servetus published On the Errors of the Trinity. Three days later, he was arrested and imprisoned for heresy. Twenty years later, on August 7, 1555, Pope Paul IV denounced Unitarians in Italy. There were significant numbers of Unitarians there already! And the English Parliament passed the Act Against Several Atheistical, Blasphemous, and Execrable Opinions, Derogatory to the Honour of God on August 9, 1650. This led to persecutions of Unitarians. I didn’t know that God’s Honour was so fragile that it needed laws to protect it!



### Circle of Light

Bud and Caroline Rormans’ daughter, Vicki Perkett would welcome cards and letters: 1365 Whistlers Lane, Roseburg, OR 97470. Caroline has been singing in our choir. Janet Smith is still dealing with intractable health issues.

Letters and phone calls are welcomed. Jean Raun’s daughter, Becky, is healing well after her surgery. Her next steps are under consideration. Strengthening thoughts and cards are welcome. Over the past fifteen months, our Fellowship community has lost six friends. That is a lot of wisdom and history. Let’s be especially gentle with one another and cherish each opportunity to be and talk with one another.

## Nurses Notes

Helen Frederick R.N.



A good brain is an awful thing to lose. Ten to twenty minutes a day of mental exercise is worth the investment for brain health.

Brain exercises:

- \* Managing stress-There is no way to completely avoid stress; however, managing it so that its negative impact on body and brain functions is minimized is a vital measure in brain fitness.

- \* Incorporate Daily Mental Exercise-Isn't it great that playing a board game with a group of friends or family can be fun and improve brain fitness? Crossword puzzles will improve recall.

- \* Become empowered-Reading and memorizing information stimulates brain cell growth. Reading novels and short stories will also improve memory and increase cognitive abilities.

- \* Stay socially connected. Research shows that social interaction stimulates brain cell activity. We love to see you at UUFLB. There are lots of activities too. For example, join one of the Circle Suppers for a fun night.

- \* Challenge yourself-Routine becomes boring. Strive for simple changes. Walk a different path each day. Try brushing your teeth with your less dominant hand. Learn to eat with chopsticks. Take a different path to work. Simple changes make your brain wake up.

Go to the library and look up books on how to stimulate your brain. A good one is [Aerobics of the Mind Cards: 100 Exercises for a Healthy Brain](#) by Marge Engelman. You can also go online for computer program: one site is [www.sharpbrains.com](http://www.sharpbrains.com)

I WISH YOU GOOD HEALTH!

**QUESTION:** When is giving really leading?

**ANSWER:** When it is a donation.



Let's take, for example, Bill and Melinda Gates. They are ranked as the second richest people in the world. At the end of 1999, Bill and Melinda announced that they will leave each of their three children a mere 10 million dollars apiece as an inheritance – the rest of their estimated 50 or so billions of dollars will go to charitable causes, especially ones that they feel are neglected by governments or other organizations around the world. Their good friend Warren Buffet has done the same – pledging to give away the vast majority of his wealth to charitable causes. They are now trying to get other mega-rich individuals to follow their lead by joining them in "The Giving Pledge." Many noteworthy corporate and government leaders have heeded their call, including New York Mayor Michael Bloomberg, who was quoted as saying, "I am a big believer in giving it all away and have always said that the best financial planning ends with bouncing the check to the undertaker." [The UUFLB Endowment Fund enjoys the spirit of this quote, but, of course, does not endorse it literally!] How about you? **You don't need to be mega-rich to make a difference. All you have to do is give what you can.** Are you ready to be a leader in our community by including UUFLB in your estate plans? We hope the answer is "YES!" Thank you!

**Fellowship Office Hours:**

Tuesday, Wednesday, Thursday from 8:30 am-1:30 pm  
 Phone: 949-497-4568 Email: [office@uulagunabeach.org](mailto:office@uulagunabeach.org)

**Fellowship**

Minister:	Reverend Kent Doss	949-310-9385
Office Administrator:	Jane Barnett	949-497-4568
Lay Pastoral Care Coordinator:	Barbara W-Pemberton	<a href="mailto:jpemberton@earthlink.net">jpemberton@earthlink.net</a>
Religious Education (RE) Coordinator:	Wendi Bender	949-338-8003

**Board of Trustees: Officers and Board Members at Large**

President:	Jeff Morris	949-497-2249
VP Finance:	Tom McGrew	949-497-5901
Treasurer:	Barbara W-Pemberton	<a href="mailto:jpemberton@earthlink.net">jpemberton@earthlink.net</a>
Members At Large:	Pam Flodman	949-654-2526
	Judy Shepard	949-464-1275
	Candy Strock	949-497-2003
	Amy Walzer	949-499-1245

**Committee on Shared Ministry**

Ken Schuelke 949-661-8878, Chair, Oakley Frost 949-494-0193,  
 Daga Krackowizer 949-715-3879, Diane Morris 949-497-2249 and Amy Lemp 949-216-9440

**Leadership**

Adult Activities	Oakley Frost	949-494-0193
Aesthetics Co-Chairs	Barbara W-Pemberton	<a href="mailto:jpemberton@earthlink.net">jpemberton@earthlink.net</a>
	Kathy Temple	949-760-306
Auction	Laura McArdell	949-642-4126
Building & Grounds	To be selected	949-497-4568
Circle Suppers	Jean Paris	949-830-2270
Communication	Terry Heiney	949-497-7302
Denominational Rep.	Barbara W-Pemberton	<a href="mailto:jpemberton@earthlink.net">jpemberton@earthlink.net</a>
Endowment	To be determined	949-497-4568
Finance VP, Pledging/Fund Raising	Cal Hulihan	949-364-1943
Lay Pastoral Care	Barbara W-Pemberton	<a href="mailto:jpemberton@earthlink.net">jpemberton@earthlink.net</a>
Membership Coordinating	Janet Fischman	949-916-2389
Music	Carole Cole	949-497-4568
Personnel	Lorraine Reafsnyder	949-494-4219
Publicity	Gary McArdell	949-642-4126
Religious Education (RE)	Wendi Bender	949-338-8003
Shared Ministry	Ken Schuelke	949-661-8878
Social Action Co-Chairs	Helen Scholfield	949-481-8976
	Rachel Daniels	949-494-2738
Support Group	Dr. Aileen Goodson	949-452-0236
Webmaster	Amy Lemp	949-454-8864
Worship	Amy Walzer	949-497-4568

~Reminder: Deadline for article submission is 12noon on the 15th day of the months.  
 Send articles to: [office@uulagunabeach.org](mailto:office@uulagunabeach.org)