

SeaLight

Volume 11, Issue 6

July 2010

News and Information for the Unitarian Universalist Fellowship of Laguna Beach

429 Cypress Drive, Laguna Beach, CA 92651 (949) 497-4568

www.uulagunabeach.org

Sunday Morning Services Begin at 10:30 am

From Your President

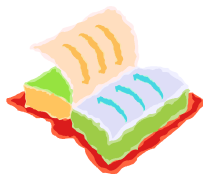
Well summer is upon us once again. I love summer. But I am not really enthused about the LAGUNA TRAFFIC that comes with summer. Most everyone (including ourselves) will be off vacationing and attendance will be somewhat sporadic. I hope that we see you as often as we can, but if you don't make it, you will be missed.

Most of my previous articles have been about the high energy and enthusiasm I see and feel within the Fellowship. The good news is that it is still there. We are regularly attracting new people on Sunday's and we are picking up new members. We continue to make a difference in our social action outreach. I am very proud of who we are and what we stand for.

Simply put, I love being President of this Fellowship.

We are blessed.

Jeff Morris



Yesterdays Create Tomorrows...

On July 11, 1598, Christopher Ostorod and Andrew Voidovius went from Poland to Holland to establish Socinian churches. July 10, 1655, John Biddle went to jail in London for "publicly denying that Jesus Christ was the Almighty or Most High God." Then, on the same date in 1660, a deadline was established by which all Socinians were required to conform to Catholicism or leave Poland. The Polish people had enjoyed religious freedom for an entire century prior to that. We must cherish the First Amendment to our Constitution and the protections it affords all of us, no matter how mainstream or arcane our beliefs!

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Upcoming Events

Coffee Talk Book Discussions

July 20 – Making the Manifesto: The Birth of Religious Humanism by William F. Schulz – This is the story of religious humanism, a movement that sought to construct a religion without God, a religion that put its faith in humanity rather than divinity. It is nearly seventy years since the Humanist Manifesto was first published, yet some of its ideas – particularly those that speak to the relationship between science and religious faith – are as compelling now as they were threatening then.



August 24 – American Transcendentalism: A History by Philip F. Gura - Possibly the best single volume on the Transcendentalists. Though he analyzes the essays and lectures of Emerson, Fuller and the Alcotts, Gura (a professor of literature at the University of North Carolina, Chapel Hill) also introduces lesser-known figures who were influenced by their thought. These fellow travelers help explain how the influence of Transcendentalism eventually spread beyond a handful of Boston intellectuals. Gura situates Transcendentalism against the backdrop of American Protestantism, showing how the movement emerged in part from early-19th-century debates about how to read the Bible.

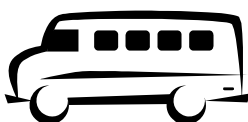
First Friday UU Discussion Group in Laguna Woods Village

Topic: What are the many types of love that enrich your life? Are they relatives, friends, partners, pets, food, music etc. When: Friday June 5 at noon. Where: Lu Wrede's home, 3511-C Bahia Blanca. Everyone is invited. Please bring your lunch. Light refreshments and drinks are provided by our hostess. For Gate 9 admittance or directions please call 586-8945.



Get Involved

Volunteers Needed to Drive Homeless to the new Resource Center location in



Laguna Canyon. This will enable the homeless to utilize the expanded health care, medical, social service, showers, overnight sleeping facilities and other services that the Center now provides. The driving would require a road test in the vehicle and copy of DMV driving record. Drivers are needed for evenings between 4-7pm and mornings, 10-11am. If you or a friend might be able to help, please email Jane Fulton, Resource Center Executive Director, at jfulton908@aol.com or contact Oakley Frost at the Fellowship for more information.

Solar Power in Orange County

One Block Off the Grid is a new way to go solar and be green. We have a campaign running in Orange County right now, to encourage homeowners to switch to clean energy. Here's how it works: When you sign up for free on 1BOG, you become part of a big group of homeowners in your area who are interested in the possibility of going solar. By signing up, you instantly gain access to the 15 percent group discount 1BOG has already pre-negotiated with a solar installer in your area, on your behalf. 1BOG meticulously vets all local installers on their products, practices, and long-term stability before we elect one. In addition to the group discount, signing up for 1BOG also gives you access to a personal solar advisor who provides objective solar information whenever you want it. If you decide to move forward with getting solar panels for your home, your advisor manages the whole process for you. This is free. The 1BOG solar advisor for Orange County is Jamie Burkhart. Feel free to contact him: Jamie@1bog.org or (714) 793-8148.



Sunday Services



The UUFLB Choir meets every Sunday at 9:30am and all are welcome.

July 4 Revolutionary Spirits

Come celebrate the 4th of July as we take a look at our founders' faith and vision for our nation. We have inherited a legacy we still wish to protect and preserve today. You may be surprised at the varying views of our Founding Fathers and Founding Mothers.
Guest Minister, Lee Marie Sanchez

July 11 Without God

How can we be religious without God? — It's a question frequently asked of UU's. Karen will explore some of the beliefs and understandings that we hold as Unitarian Universalists that do not include a belief in a deity. The ethical structure that we uphold is independent of a theology that includes a single text or a higher power. As theists and atheists we can still agree on a fundamental sense of what is good and evil, what is meaningful, and how we need to be in relation to one another and the earth.
Guest Minister, Reverend Karen Stoyanoff

July 18 Global Warming: Science and Politics

Professor Joie Jones will discuss both the technological and the political aspects of global warming and suggest how political systems such as ours which discourage long term planning for short term achievements tied to election cycles might still proceed.
Guest Speaker Joie Jones, Professor of Radiological Sciences, UC Irvine

July 25 I Don't Have a Suit

Hospital chaplain Michael Eselun will explore the experience of insiders and outsiders — our yearning to belong and the comfort we take in belonging versus our inner experience of being on the outside, often at the same time.
Guest Speaker Michael Eselun

August 1 The Journey of the Soul

Where do we come from? Where are we going? Why are we here? Many people agree that life is a journey though our source and destination are quite another story. We will look at how the notion of the "Journey of the Soul" is echoed within religious and secular thought as well as how "The Hymn of the Pearl" might offer a clue to priceless treasure.
Guest Minister, Angela Henderson

Message from Our Minister

This morning while I was out for my run, I was nearly hit by an SUV rolling through a stop sign. While I clearly had the right of way, the driver never acknowledged my presence. Hopefully my thumping his back bumper with my hand got some attention. I continued my run and returned home to find an empty beer can sitting next to the curb in the street in front of my house. I make that point that it was sitting there, because it was clear someone left it there upright. It hadn't fallen or been thrown from a moving vehicle; it was sitting, as if it belonged there.

This may seem more like a rant than a pastoral letter. But this morning I am inspired to write a little bit about manners, and what it means to share a community. Don't get me wrong, I'm no saint. I get just as huffy in traffic as anyone else. However, giving someone room to pass on the sidewalk, or picking up your trash, even if it's a cigarette butt or a straw wrapper, well, it's just polite.

If we go through life always expecting the other person to pick it up, or the other person to yield, we are creating a world of hurt.

The bottom line is, the little things count a great deal. I imagine I am preaching to the converted here. Rather than exhorting you to be more polite, perhaps I should say thank you. Thank you for being kind and aware of the needs of people around you. Thank you for setting a reasonable example of how we are called to live together in the world. Perhaps if we remember to pick up our trash and be a little kinder to the staff in shops and restaurants, maybe if we can take care of those in our own community, we can learn to do a better job of caring for the wider world.

Peace,

Kent

Rev. Kent Doss will be on vacation June 30 through July 14. If you have an emergency pastoral care need during that time, please contact our Congregational Nurse, Helen Frederick (949-257-9963) or one of our Board Members. Any one of them can connect with you a local UU clergy person who is on call.

Coffee Talk - Tuesdays 4:30-6:30p.m. at the Koffee Klatch, 1440 South Coast Highway in Laguna Beach. Hang out with Rev. Kent Doss or whoever else shows to get a bite to eat and chat. All are welcome. This is a great chance for new folks to meet UUFLB members in a casual setting. Kent will be away July 6 & 13, however the discussion can continue.



Covenant Groups – Covenant Groups are a monthly meeting with a small group of people to discuss spirituality and core values and to get to know one another on a deeper level. Three new groups will be formed starting in July. If you are interested in joining a group, or just want more information please contact Jean Raun, Oakley Frost, or Glenna Matthews.

Nurses Notes

Helen Frederick R.N.



I went to an interesting conference about Alzheimer's disease. Here are some pertinent points:

- Brain cells are destroyed causing problems with memory, thinking, and behavior.
- It is the 6th leading cause of death in the U.S.
- It is the most common form of dementia. Dementia is a general term used to describe a decline in cognitive function.
- There are 70 identified forms of dementia.
- Two thirds of these are Alzheimer's.
- Age increases risk as it does for all our organs. The 3 pound brain is an organ!
- Genetics does increase risk but is not the most prevalent risk factor.
- May become confused, suspicious, fearful, anxious, easily upset, have rapid mood swings.
- May start having significant problems with physical movement (fall easily, run into things more.)
- Risk for Alzheimer's Disease is increased by a damaged heart or blood vessels.
- Head injuries also increase this risk.
- Brain health comes from a healthy mind and body.
- Avoid tobacco and excess alcohol. (One 5 oz. drink for women, two 5 oz. drinks for men is a serving)
- Exercise both body and mind. Try new things often.
- Keep your weight within recommended guidelines.
- Stay socially connected. (Come to church activities!)

I WISH YOU GOOD HEALTH!



Circle of Light

Becky Chamberlain, Jean Raun's daughter, is recovering nicely from her second surgery, but now must decide what treatment, if any, she receives going forward.

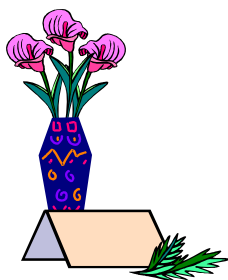
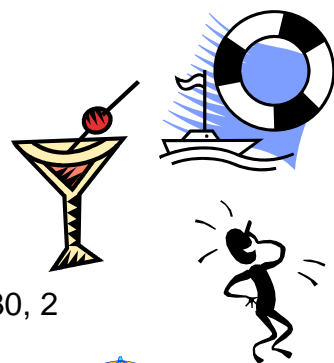
Bud and Caroline Rormans' daughter, Vicki Perkett, would welcome cards and letters: 1365 Whistlers Lane, Roseburg, OR 97470. Caroline has been singing in our choir.

Jim Burkette is doing better, but still has pain. His doctors say it will be at least six more months before he knows how much pain he will have in the future. The Burkettes' grand daughter, Julia, is going through a serious illness, and needs our warm, healing thoughts.

Carole Cole's young friend is recovering from chemotherapy. She's a brave little girl and needs our loving support.

Open Auction Items 2010

- 47 Cap'n Russ' Duffy Boat Ride, Russ Jenkins 7/18/10 \$25, 1 available
- 2 Judy's Martini Party, Judy Shepard 8/14/10 \$40, 1 Available
- 15 Improv Night , Linda Frost, 9/11/10 \$15, 90 available. Don't miss it!
- 22 Bill Foster's Beach Party 9/19/10 \$25, 1 available
- 12 Tennis Anyone? with Judy and Laura TBA \$30, 1 available
- 45 Brunch at Laguna Woods, John Crouch- Sunday in October, TBA \$30, 2 available
- 23 BananaRama Dinner with Kent and Peter 10/02/10 \$40, 1 available
- 46 Port and Report with Linda and Oakley 10/08/10 \$40, 1 available
- 3 Tenor Concert with Steve Fischman 11/06/10 \$15, 106 available
- 20 Tree Trimming at the Hullahens' 12/04/10 \$15, 12 available
- 41 Christmas Caroling with Kymberly and Shiela TBD \$10 Come and sing!
- 52 Night of Celtic Music with Steve Bloch 1/22/11 \$16, 6 available
- 31 Family Game and Music Night, Kathy Temple, 3/25/11 \$10, 22 available
- 50 Lamb Cake, Innocent (white icing) or Not (chocolate icing) \$25, Pam, 3 Available
- 10 Paul's Pool Party, Temple/Vrebalovich Family, 7/26/11 \$10, 5 available
- 26 Nick the Handyman, Nick Walzer, \$35, 1 available
- 21 Steve's Voice Lessons \$70, Steve Fischman
- 33 Rosenthal China Dessert Service, \$200+/-
- 100 Fund-A-Need: a New Exterior Sign \$500; all or a portion



In Memoriam

We note the passing of:

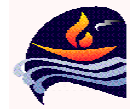
Allan Christianson, a past UUFLB board chairman. Under Allan's leadership we purchased and paid for the land parcel which was sold and used as the down-payment for our Fellowship property.

Francis Brand, a long time member of our Fellowship. She would want us to remember she was an ardent democrat.

Patricia Blanchard, a long-time Unitarian and Fellowship member, lost her year-long struggle with illness on June 13. We send loving condolences to her son, Mitch, and his family. Patricia was a vibrant, intelligent, articulate woman. Her friends and family will miss her.

Memorial Service for Patricia Blanchard - There will be a short memorial service to celebrate Patricia's life on Sunday, July 18 at 1:00 pm. All are welcome to attend and support Patricia's family in their time of loss.

The Voyage-Religious Education Newspaper
Wendi Bender, RE Coordinator



UU based care giving and values exploration in the Family Room or adjacent Library for Infants through Pre-Kindergarten

Our little Explorers will enjoy the stories of Dr. Seuss and apply the Seven Principles of Unitarian Universalism to their everyday lives. These stories are fun and engaging. But even more importantly, they are based on life situations and experiences and give us a way to reflect, to talk about things that are part of our lives.

Innovators (grades K - 4th)
Seekers (grades 5th - 6th)
Youth (grades 7th and up)



- 7/4 Independence Day/Our Right to Freedom of Religion
- 7/11 Social & Earth Justice/Habitat For Humanity
- 7/18 Social & Earth Justice/Helping Those with HIV
- 7/25 Wishing Well Sunday/Social & Earth Justice

This month we are focusing on Social Justice and spending our time learning about organizations created to aid and support the community through providing shelters and support for health and illness. We will be talking about different organizations and how they were created through the vision of just one person. We will be looking at how it only takes the compassion of one individual to make a difference in the lives of many.

Through learning about how others have changed the world we will teach our young UU children to grow and mature into adults of compassion and understanding.

There are many examples in our world of caring for our community. We will focus on a couple of large capacity organizations created by the vision of one to make a difference.

Habitat for Humanity and **Helping Those with HIV** are two organizations with a specific vision of helping those with a critical need. Find out how can we make a difference in a world with such a HUGE need? We will apply our UU Principles to making a difference in our community and remembering how our own daily choices can make the world a better place.

In June, our youth made blankets for Elijah's House and prepared art projects for the children of Laura's House. We had a lot of fun together using our hands to help others. Way to go kids ... I was very proud to be there to watch our children make a difference.

Please remember, the last Sunday of the month is our children's Wishing Well service downstairs. We collect donations for the those less fortunate and focus on Social & Earth Justice.

See You On Sunday!

Wendi

Your Connection With the Wider UU World

Barbara Williams-Pemberton, Denominational Representative



What Does That Acronym Mean?

IARF --International Association for Religious Freedom: An interfaith association of religious organizations with over one hundred member groups, including the UUA.

ICUU --International Council of Unitarians and Universalists: This organization of Unitarian and Universalist societies from around the world seeks to strengthen the worldwide network of Unitarian, Universalist, and UU organizations

July Schedule at de Benneville Pines

4-10 Camp Bravo Theater Arts Camp for Teens (Wk II)

For info: 888-442-7286

11-17 PSWD YoUuth Camp –Elementary (grades 2-6)

PSWD Counselor-In-Training Program (ages 15-18)

18-24 PSWD YoUuth Camp Jr High (grades 6-9)

PSWD YoUuth Leadership School Grades 9-12)

25-31 PSWD YoUuth Camp - -Sr High (grades 9-12)

PSWD Adult Advisor Training (ages 25+)



For info on PSWD YoUuth Camps, 909-794-1252 or registrar@uucamp.org



Chalice Lighter News

Chalice Lighters is a program of the Pacific Southwest District (PSWD) that aids congregations by paying some of their expenses as they accommodate growth and outreach to the broader community. Three times each church year, a call goes out to Chalice Lighters who then respond by sending at least \$20 to the PSWD office. The District then aggregates the money and sends it to a congregation for their extraordinary expense. Grants have helped one congregation build a remote site for services, another to obtain its own space so the minister no longer had to hold office hours at a Starbucks, others to refurbish meeting spaces or to pay the expenses of the search process for a new minister.

The current call will help First Unitarian Church of Los Angeles do a major refurbishment of Channing Hall, the space they use for worship. The building is a historic, large, beautiful building, but it is showing its age. They want to reflect their pride in the building and make it a more welcoming space. They want to be a resource to their urban neighborhood and other UU congregations throughout the Los Angeles area.

Does the Chalice Lighter program sound like something that could help us as we move into the digital, technological age? We need to have 20% of our membership in the Chalice Lighters to take advantage of this. We have Chalice Lighters in our congregation yet need 20 more. Then we can apply for a grant to help us. There are brochures in the pamphlet rack in the entry. Pick one up and join. You may pay each "call" by check, credit card or electronic funds transfer. Visit the PSWD website www.pswduua.org to find the link and instructions.

Endowment Committee



Love and Appreciation for UUFLB

+

Desire To Have UUFLB Offer A Home
For Liberal Religious Thinkers Now
And Far Into The Future

+

Advanced Estate Planning
You decide who inherits your estate;
Instead of the government deciding.

=

Talk To Board President About
The UUFLB Endowment Fund

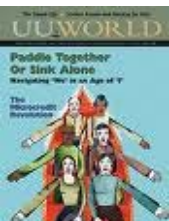
THANKS!

More ways you can help...

The Treasure Box: Discount Groceries – The Treasure Box provides families and individuals with a 21-25Lb. box of frozen groceries-store quality food that normally retails around \$75 for just \$30 each. One Treasure Box is enough food to nutritiously feed a family of four lunch and dinner for a week or an individual for a month. Visit www.thetreasurebox.org or ask Kent for more information on this great deal.

Coats, Hats, and Umbrellas, Oh My!

There are several lost and found items that have been collected on the shelves in the family room, including umbrellas, coats, hats, reading glasses and more. If you are missing something, please check these shelves. Items that appear to be unclaimed will be donated to the Resource Center.



Collecting “UU World Magazine” – It was brought to our attention that the “UU World” the magazine the all members receive from the Unitarian Universalist Association, is a great resource for sharing our faith. If you have back issues that you are willing to part with, please leave them in the designated box on the bookshelf in the family room so that we can share them with others.

Full Color SeaLight Electronically!

If you are ready to receive the SeaLight and any photographs inside in full color via email, just contact our Office Administrator, Jane, at office@lagunabeach.org and she will put you on the Green List. We can email you a sample and then you decide. Please let Jane know what you would like to do. Thank you!



Fellowship Office Hours:

Tuesday, Wednesday, Thursday from 8:30 am-1:30 pm
 Phone: 949-497-4568 Email: office@uulagunabeach.org

**Fellowship**

Minister:	Reverend Kent Doss	949-310-9385
Office Administrator:	Jane Barnett	949-497-4568
Lay Pastoral Care Coordinator:	Barbara W-Pemberton	jpemberton@earthlink.net
Religious Education (RE) Coordinator:	Wendi Bender	949-338-8003

Board of Trustees: Officers and Board Members at Large

President:	Jeff Morris	949-497-2249
VP Finance:	Tom McGrew	949-497-5901
Treasurer:	Barbara W-Pemberton	jpemberton@earthlink.net
Members At Large:	Pam Flodman	949-654-2526
	Judy Shepard	949-464-1275
	Candy Strock	949-497-2003
	Amy Walzer	949-499-1245

Committee on Shared Ministry

Ken Schuelke 949-661-8878, Chair, Oakley Frost 949-494-0193, Daga Krackowizer 949-715-3879, Diane Morris 949-497-2249 and Amy Lemp, 949-216-9440.

Leadership

Adult Activities	Oakley Frost	949-494-0193
Aesthetics Co-Chairs	Barbara W-Pemberton	jpemberton@earthlink.net
	Kathy Temple	949-760-306
Auction	Laura McArdell	949-642-4126
Building & Grounds	To be selected	949-497-4568
Circle Suppers	Jean Paris	949-830-2270
Communication	Terry Heiney	949-497-7302
Denominational Rep.	Barbara W-Pemberton	jpemberton@earthlink.net
Endowment	Charlotte Decker	949-587-0772
Finance VP, Pledging/Fund Raising	Cal Hulihan	949-364-1943
Lay Pastoral Care	Barbara W-Pemberton	jpemberton@earthlink.net
Membership Coordinating	Janet Fischman	949-916-2389
Music	Carole Cole	949-497-4568
Personnel	Lorraine Reafsnyder	949-494-4219
Publicity	Gary McArdell	949-642-4126
Religious Education (RE)	Wendi Bender	949-338-8003
Shared Ministry	Ken Schuelke	949-661-8878
Social Action Co-Chairs	Jean Raun	949-494-2247
	Helen Scholfield	949-481-8976
Support Group	Dr. Aileen Goodson	949-452-0236
Webmaster	Amy Lemp	949-454-8864
Worship	Amy Walzer	949-497-4568

~Reminder: Deadline for article submission is 12noon on the 15th day of the months.
 Send articles to: office@uulagunabeach.org